








Run Loop Detail

-  Sprint Swim Route · 750 m
-  Swim Route · 1.5 km
-  Cycle route · 20 & 40 km
-  Run Route · 5 & 10 km
-  Other roads
-  Raft
-  Aid Station

SS Sicamous

Lakeshore Dr

*Run
Turnaround*

Churchill Ave

Dynes Ave

Power St

Riverside Dr

Westminster Ave

